

# THE SHEM HA MEPHORASH

## 72 SACRED NAMES OF GOD

To be vibrated once daily by the Arborists of the AM Lodge participating in the Shem Working

Vav Heh Vav, Yod Lamed Yod, Samekh Yod Tet, Ayin Lamed Mem,  
Mem Heh Shin, Lamed Lamed Heh, Aleph Kaph Aleph, Kaph Heh Tav  
Heh Zayin Yod, Aleph Lamed Dalet, Lamed Aleph Vav, Heh Heh Ayin  
Yod Zayin Lamed, Mem Bet Heh, Heh Resh Yod, Heh Qoph Mem  
Lamed Aleph Vav, Kaph Lamed Yod, Lamed Vav Vav, Peh Heh Lamed  
Nun Lamed Kaph, Yod Yod Yod, Mem Lamed Heh, Chet Heh Vav  
Nun Tav Heh, Heh Aleph Aleph, Yod Resh Tav, Shin Aleph Heh  
Resh Yod Yod, Aleph Vav Mem, Lamed Kaph Bet, Vav Shin Resh  
Yod Chet Vav, Lamed Heh Chet, Kaph Vav Qoph, Mem Nun Dalet  
Aleph Nun Yod, Chet Ayin Mem, Resh Hey Ayin, Yod Yod Zayin  
Heh Heh Heh, Mem Yod Kaph, Vav Vav Lamed, Yod Lamed Heh,  
Samekh Aleph Lamed, Ayin Resh Yod, Ayin Shin Lamed, Mem yod Heh  
Vav Heh Vav, Dalet Nun Yod, Heh Chet Shin, Ayin Mem Mem,  
Nun Nun Aleph, Nun Yod Tav, Mem Bet Heh, Peh Vav Yod  
Nun Mem Mem, Yod Yod Lamed, Heh Resh Chet, Mem Tzaddi Resh  
Vav Mem Bet, Yod Heh Heh , Ayin Nun Vav, Mem Chet Yod,  
Dalet Mem Bet, Mem Nun Qoph, Aleph Yod Ayin, Chet Bet Vav,  
Resh Aleph Heh, Yod Bet Mem, Heh Yod Yod, Mem Vav Mem